



Policy

Type:	Quality Assurance Program		
Name:	Self-Assessment: January 1, 2024 – December 31, 2026		
Status:	Approved	Version:	1
Date Approved:	March 22, 2024	Date Revised:	February 8, 2024

Purpose

As set out in the [Regulated Health Professions Act \(RHPA\), 1991, Section 80.1](#), the Quality Assurance (QA) Program for all colleges shall include self, peer, and practice assessments. The QA Program shall also include a mechanism for the College to monitor registrants' participation in, and compliance with, the QA Program.

The purpose of this policy is to outline the requirements of self-assessment that must be met by registrants in the three-year cycle: January 1, 2024 to December 31, 2026.

The objective of self-assessment is to assist registrants to identify areas for improvement, develop concrete and structured goals, participate in meaningful CE activities, and self-reflect on the impact of the activities on their practice. These are important skills that help registrants grow and engage in lifelong learning that is critical to providing quality care to patients.

Scope

This policy applies to all registrants, both practicing and non-practising, of the College of Optometrists of Ontario.

Frequency of Self-Assessment

Registrants must complete the self-assessment once per three-year CE cycle. The current CE cycle runs from January 1, 2024 to December 31, 2026.

Components of Self-Assessment

The self-assessment is a **two-part** online exercise:

- **Part One – Scenarios and Multiple-choice questions** must be completed in one sitting. Part One consists of seven scenarios and related multiple-choice questions. There are five multiple-choice questions per scenario. This part is **not** scored (i.e., **there is no pass or fail**).
- **Part Two – Learning Plan.** After completing Part One of the self-assessment, registrants will use

the feedback and resources from Part One to create a Learning Plan. The Learning Plan encourages registrants to set specific goals, select appropriate CE activities, and reflect on the impact of their learning.

New Registrants

Registrants registered in the last year of the current cycle (i.e., in 2026) will not be required to complete the self-assessment.

Submission and Confidentiality

Registrants are **not** required to submit their self-assessment to the College.

The self-assessment results are confidential. The College would not have access to Part One scores or the content of Learning Plans. The College would only have completion information (who and when the self-assessment was completed).

CE Activities

CE activities that registrants complete as part of their Learning Plan could be used to meet CE requirements as long as those activities meet the requirements of the 2024-2026 CE Policy. If registrants are using these CE activities to meet the requirements of the CE Policy, then they must upload them to OE TRACKER by the end of the current CE cycle.

Compliance

In accordance with subsection 82(1) of the Health Professions Procedural Code (the Code), which is Schedule 2 to the Regulated Health Professions Act, 1991 (the *RHPA*), every registrant shall co-operate with the Quality Assurance Committee (the QAC). And, failing to co-operate with the QAC is professional misconduct under section 51 (1) (b.0.1) of the Code.

The College will perform an audit at the conclusion of the current three-year cycle. The audit identifies those who fail to complete the self-assessment (both Part One and Part Two). Registrants who fail to complete the self-assessment may be referred to the QAC and given an opportunity to complete a practice assessment at their own cost according to the College's Schedule of Fees and Penalties. Registrants who fail to complete the self-assessment and decline to complete the practice assessment may be referred to the Inquiries, Complaints and Reports Committee (ICRC) under Section 80.2 (1) of the *RHPA* for professional misconduct.